



Absence Management

MEDICAL & REHABILITATION LIMITED



Chartis Medical & Rehabilitation Limited (Chartis MR) is an award winning case management and occupational health company.

Chartis MR provides an occupational health service that is individually tailored to the specific needs and requirements of each client. This enables each client to receive the most appropriate and effective occupational health service for their business and the needs of their employees.

We deliver a proactive absence management and health surveillance service to promote reduced absence rates, employee wellbeing and increased productivity. Our occupational health service focuses on the ethos that work is beneficial to health and so where appropriate, encourages an active return to work for absent employees.

Our professional employee base of registered nurses, physiotherapists, occupational therapists, occupational health advisors, occupational health technicians, vocational consultants and psychologists are deployed throughout our five offices in the UK and Ireland.



## Benefits of our absence management service

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- Rapid assessment of an absentee's state of health, welfare and employment
- Advice from your designated occupational health advisor
- Working in partnership with employers to redesign the culture of absence
- Reducing unnecessary absence
- Creating greater savings on sickness absence costs

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We focus on a working partnership with our clients. We aim to reduce absence rates and help clients deliver occupational health through improved referral, assessment and management approaches, encouraging the philosophy that work is beneficial for health.

This service is based upon the pro-active provision of appropriate absence management and health surveillance programmes along with a strong working relationship between the occupational health advisor and the client.

## A proactive service rather than a reactive one...

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The HSE publication "Choosing Health: Making Healthy Choices Easier" urges employers to be more proactive in health promotion and in assessing the effect the working environment has on employees.

### Proactive health awareness includes:

- Policy development & guidance
- Ergonomic training and advice
- Mental wellbeing programmes
- DSE training
- Work-life balance
- Health surveillance
- Executive medicals
- Medical condition training (e.g. epilepsy, diabetes)

### Benefits of being proactive

- Reduces the likelihood of employees getting killed or injured at work
- Employee loyalty
- Reduction in sickness absence and potential productivity disruption
- Adherence to legal and regulatory standards

[www.chartisservices.com/mr](http://www.chartisservices.com/mr)

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